

ACTIVATE OMAHA KIDS – MEETING MINUTES – MARCH 27, 2007

Agenda Item	Discussion	Decision
Meeting Schedule		Mary will select a Wednesday in April. Collaborating Center Wednesday, 3:00 to 4:30
Vision/Mission of Committee in context of AOK D.A. vision	<ul style="list-style-type: none"> • Discuss vision. • Distribute goals for planks with focus on nutrition. • Mary summarized the plank goals to the nutrition plank. • Mary asked what do we want to see happen: <ul style="list-style-type: none"> - parent training - obesity vs. healthy eating vs. weight loss - primary vs. secondary intervention - nutrition to kids at school - balance of availability of quality product in grocery stores and restaurants in the neighborhood - parenting/values;evaluation • Mary asked how do we want to focus on discussions: primary, secondary, tertiary interventions: <ul style="list-style-type: none"> - what is the nutrition - what are the message/the mixed messages • Mary discussed survey samples done by other communities to see number of kids participating, types of programs, messaging, providers, environmental support, policies. • Identify various population the ecological model. • Where is nutrition taught? • Cost is an issue/barrier to fruit and vegetables. 	

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Vision for Committee	<ul style="list-style-type: none"> • What do we need to know about what’s going on in our community so we can identify what we need to do? • Proposed survey passed out – Childhood Fitness & Nutrition Survey. • Draft survey to solicit input. • If nutrition is checked then it would trigger a separate set of questions. • Should we first determine what we want to know? • Passed list of people who volunteered for committee. • Passed a list about pertinent correct information. • Healthy eating is/should be the focus in context of energy balance. <p>Clarification: Childhood Fitness & Nutrition Survey was drafted to inventory programs.</p> <ul style="list-style-type: none"> • Should we first determine what we want to know? • Question what is currently done at schools. • Suggest spending a whole meeting on what data we want. • Do we need to establish philosophy on what is right to eat/serve/vend? • What are best practices? 	
Participants on plank	<ul style="list-style-type: none"> • Do we have enough people? • Others we should recruit? • Mary offers to take in ideas and recruit people. • Lots of secondary data to tell us what parents know/attitudes. • Data for NE done annually. • Hate to see our nutrition plank cut but do need definite separate focuses like providers, schools, etc. 	

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Next meeting	<ul style="list-style-type: none"> • Do we want to know what other programs do? • What area are we covering? • Question: Douglas, Sarpy, Pottawattamie, Washington, Sanders, Cass. • Survey what's working around other cities. 	<ul style="list-style-type: none"> • What data to collect? • Research other community approaches. • Develop vision/mission. • Think of any additional partners to be involved. • Who else do we need to help with our mission/vision? • To executive committee: Are we required to include other counties?